

POSITION: OCCUPATIONAL THERAPIST

Full & Part-time positions available

Join our cohesive, experienced, and nurturing team of psychologists, social workers, and psychometrists at the Ottawa Centre for Resilience (OCFR), a unique workplace, where both clinicians and clients are fully supported to be their best selves. We are looking to welcome an occupational therapist to our team to increase the breadth and effectiveness of services we offer our clients, in particular those with dysregulated and sensitive nervous systems who would benefit by starting with, and/or incorporating, sensory-based interventions into their treatment plan.

OCFR is a mental health centre providing intervention, assessment, consultation, and training for a diverse range of clients and presenting concerns with a focus on childhood trauma & dissociation, attachment, adoption, and high-conflict families.

One of our founding values is to provide high-quality trauma-informed services to the most in need. This is realized by having a dedicated portion of our team's caseload to seeing pro bono and low fee clients, as well as partnerships with a variety of community agencies (e.g., Children's Aid Societies, John Howard Society, VoiceFound, YouTurn).

OCFR combines the best of the public and private sectors by providing competitive salary and benefits, training, peer consultations, opportunity to provide services to marginalized and underserved populations, full service administrative and psychometric support, while encouraging clinicians to set their own schedules, choose their workload balance, pursue new initiatives and training, and all without any bureaucracy to navigate.

Job summary

- We are seeking an occupational therapist to provide clinical services, including therapy, assessment, consultation, and training to children, adolescents, adults, and families.
- Part-time (2-3 days a week) and full-time (5 days a week) positions available.

Some Benefits of working at OCFR:

Because we want our clinicians to be their best, we offer a balance between direct and indirect client hours, including opportunities to engage in teaching and supervision, program development, continuing education, and provision of public education.

We also provide:

- Salary, vacation, & health benefits competitive with public sector (e.g., hospitals & school boards)
- Flexible schedule with options to work virtually from your home or private office at OCFR
- Administrative support (client scheduling, invoicing, filing, phone calls, supplies, assessment planning and coordination, etc.)
- Weekly clinical team meetings for case consultations, journal club, and sharing of clinical resources and interventions.
- Opportunities for leadership and innovation in program development and evaluation (e.g., group interventions, program development, outcome monitoring, outreach, research)
- The opportunity to work and consult from a variety of cutting-edge evidence-based treatments including, but not limited to: Circle of Security (COS-P); Attachment, Regulation, Competency framework (ARC) for complex trauma; Somatic Experiencing (SE); Eye Movement Desensitization Reprocessing (EMDR); Brainspotting; Safe and Sound Protocol (SSP); Dialectical Behaviour Therapy (DBT); Cognitive Processing Therapy (CPT); Adoption and Permanency Curriculum for Child Welfare and Mental Health Professionals (ACT); Sensory Motor Arousal Regulation Treatment (SMART); Dyadic Developmental Therapy (DDP).
- Newly renovated and furnished offices (with sound insulation), plexiglass barriers, and PPE. Shared team space includes staff kitchen/lunch room, group room, and designated testing rooms in accordance with COVID-19 public health guidelines.
- Cloud-based clinic software (OWL) for keeping paperless client files accessible securely at home or work.
- Waiting room with snacks, drinks, and toys for clients (currently decommissioned due to COVID-19).
- All needed testing materials for psycho-educational and mental health assessments, including digital administration using iPads, and a psychometrist.

Mandatory Requirements and Qualifications:

- Registered and in good standing with the College of Occupational Therapists of Ontario
- Training in treatment and assessment of children, adolescents, adults, and families
- Strong interpersonal communication (both written and verbal) and organizational skills
- Ability to work well both independently and within a team

Specialized Knowledge and Skills:

While we meet all of our clinicians where they are at in their professional development and will provide and support additional training as helpful, preference will be given to those with training and experience in evidenced-based approaches for any of the following:

- Familiarity with the Neurosequential Model of Therapeutics (Perry, 2006), Ayres' Sensory Integration Theory, and clinical applications based on these frameworks
 - Adoption
 - Attachment
 - Children in Care (CAS)
 - Divorce (Co-parenting, high-conflict families, reunification)
 - Disruptive Behaviours
 - Emotional & Self-regulation
 - Forensic (young offender treatment and assessment, custody & access assessments, parenting capacity assessments)
 - Indigenous and Inuit clients
 - LGBTQ+ clients
 - Self-harming
 - Trauma & Dissociation (including Complex Developmental Trauma)
- Ability to provide services in French
 - Experience working with diverse populations

Please submit applications, including CV and cover letter, to: careers@ocfr.ca