

# **POSITION: PSYCHOLOGIST (SUPERVISED PRACTICE)**

## Full & Part-time positions available

The Ottawa Centre for Resilience (OCFR) is a mental health centre for childhood trauma & dissociation, attachment, adoption, and high-conflict families that serves Ottawa and surrounding areas. We are looking for passionate clinicians to join our growing team. OCFR is a unique practice setting that aims to combine the best of the public (salary, benefits, vacation, training, not focused solely on billables) and private sectors (flexible work schedule, choice of workload balance, lack of bureaucracy, initiative taking encouraged) to create a fantastic place to work, where staff will choose to stay throughout the lifespan of their career.

#### Job summary

- We are seeking psychologist(s) or psychological associate(s) to provide clinical services, including therapy, assessment, consultation, and training to children, adolescents, adults, and families.
- Part time (2-3 days a week) and fulltime (5 days a week) positions available.

## Some Benefits of working at OCFR:

OCFR aims to foster a passionate, supportive, and cohesive team environment where clinicians are encouraged to pursue professional and clinical development.

- Salary, vacation, & health benefits competitive with public sector (e.g., hospitals & school boards)
- Flexible schedule
- Administrative support (client scheduling, invoicing, filing, etc.)
- Balanced workload we strive to create an environment in which clinicians can be their best, and therefore support our staff to find a balance between direct client hours, administrative/record-keeping tasks, professional reading, continuing education, teaching & supervision, and centre/ program development
- Weekly clinical meetings that include peer supervision/case consultation, journal and book club, and discussions regarding centre development.
- Opportunities to be involved in centre and program development various leadership options available (e.g., program development, outcome monitoring, research, marketing, outreach)
- Clinicians are provided training and supervision in a variety of cutting-edge evidence-based treatments including, but not limited to: Circle of Security (COS-P); Attachment, Regulation, Competency framework (ARC) for complex trauma;

Somatic Experiencing (SE); EMDR; Dialectical Behaviour Therapy (DBT); Cognitive Processing Therapy (CPT); Adoption and Permanency Curriculum for Child Welfare and Mental Health Professionals (ACT); Sensory Motor Arousal Regulation Treatment (SMART); Dyadic Developmental Therapy (DDP).

- Newly renovated and furnished offices (with sound insulation), include staff kitchen/lunch room, conference room for groups, testing, meetings, and a sensory room for body-based (e.g., sensorimotor) trauma approaches
- Cloud-based clinic software for keeping paperless client files accessible securely at home or work
- Waiting room with snacks, drinks, and toys for clients.
- Testing materials for psycho-educational and mental health assessments

### **Mandatory Requirements and Qualifications:**

- Registered for supervised practice and in good standing, or eligible for registration, with the College of Psychologists of Ontario
- Training in treatment and assessment of children, adolescents, adults, and families
- Strong interpersonal communication (both written and verbal) and organizational skills
- Ability to work well both independently and within a team

## **Specialized Knowledge and Skills:**

- Preference will be given to those with training and experience in evidencedbased approaches for issues related to:
  - Adoption
  - Attachment
  - Children in Care (CAS)
  - Divorce (Co-parenting, high-conflict families, reunification)
  - Disruptive Behaviours
  - Emotional & Self-regulation
  - Forensic (young offender treatment and assessment, custody & access assessments, parenting capacity assessments)
  - Indigenous and Inuit clients
  - LGBTQ+ clients
  - Self-harming
  - Trauma & Dissociation (including Complex Developmental Trauma)
- Ability to provide services in French
- Experience working with diverse populations

Please submit applications, including CV and cover letter, to: careers@ocfr.ca